



RAIMONDI COLLEGE

2 Robinson Road
Hong Kong
Tel. 2522 2159
Fax. 2525 6725

2 June 2010

Dear Parents/Guardians,

Stepping Up Precautionary Measures to Prevent the Spread of Hand, Foot and Mouth disease (HFMD) and Enterovirus 71 (EV71) in School

There are recent increased activities of HFMD and EV71 infection in Hong Kong and the neighbouring areas including the Guangdong Province and Singapore. HFMD is a viral infection commonly seen in children. The infection can occur throughout the year but is more commonly found in summer months from May to July. In this connection, our school will step up precautionary measures to prevent HFMD outbreak and EV71 infection in school. The following guidelines are implemented with immediate effect:

- We shall keep the school premises clean and maintain good indoor ventilation.
- If we notice an increase in HFMD and EV71 cases among our staff or students, we shall notify the District School Development Section of the Education Bureau as well as the Central Notification Office for seeking advice on the management of such cases.

Students and school staff should pay heed to the following:

- Wash hands properly with liquid soap before meals and after going to toilet.
- Cover mouth and nose with handkerchief or tissue paper when sneezing or coughing.
- No spitting. Always wrap nasal and mouth discharge with tissue paper, and dispose of the tissue paper properly in a lidded rubbish bin.
- Avoid touching vesicles on hands of other sick children.
- Refrain from school if symptoms of HFMD and EV71 infection develop.

It is incumbent upon all of us to prevent the spread of communicable diseases. To safeguard students' health, parents are urged to maintain a hygienic household, and co-operate with us by reminding students to observe personal hygiene and keep the school hygienic. Parents are kindly requested to take the following measures:

- Before sending children to school, measure their body temperature, record the reading and sign the temperature record sheet, which will be checked by their class teachers every day. Oral temperature below 37.5 °C (99.5°F) / ear temperature below 38 °C (100.4°F) is considered within the normal body temperature range.
- Inform school immediately if children are sick or have been admitted to hospital for surveillance.
- Do not send children to school if they have symptoms of fever, sore throat and skin rash over the hands and feet, they should wear a mask and seek medical advice as soon as possible. Please keep sick children at home until fever has subsided and all vesicles have dried and crusted.

- As an extra precaution, children with EV71 infection are advised not to go to school for another two weeks after all symptoms subsided, since the virus may be excreted in stool for some weeks and is associated with a higher risk of complications.
- Cooperate with us by picking up children not feeling well from school and consulting the doctor immediately.
- Provide children with handkerchiefs or tissue papers and remind them not to share towels or tissue papers with others.
- Remind children not to go to crowded places.

For more information, parents can contact our school for enquiries and visit the website of CHP at <http://www.chp.gov.hk>

Thank you for your kind attention and cooperation.

Yours sincerely,

G. W. Au
Principal



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各位家長/監護人：

加強預防措施 防範手足口病及腸病毒 71 型在校園擴散

近期香港和鄰近地區(包括廣東省及星加坡)的手足口病活躍程度持續上升。手足口病為常見的幼兒傳染病，個案全年都會發生，但較常見於夏季月份(五月至七月)。有見及此，學校會加強預防措施，以防止手足口病及腸病毒 71 型感染在學校爆發，有關預防措施會即時實施如下：

- 學校每日都會保持校園清潔和課室內空氣流通。
- 如察覺感染手足口病及腸病毒 71 型的學童 / 教職員人數增加，學校會即時通知衛生署中央呈報辦公室及所屬的教統局分區學校發展組，參照衛生署所提供有關處理手足口病及腸病毒 71 型爆發指引，並採取適當控制措施。

學校員生應注意以下有關事項：

- 飲食前和如廁後，須用梘液妥善清潔雙手。
- 打噴嚏或咳嗽時應用手帕或紙巾掩着口鼻。
- 不要隨地吐痰，應將口鼻分泌物用紙巾包好，棄置於有蓋垃圾箱內。
- 切勿接觸其他病童的水疱。
- 若出現手足口病及腸病毒 71 型感染症狀，切勿上學。

預防傳染病的傳播，人人有責。為保障學生健康，我們籲請各位家長除了須保持家居清潔衛生，還請各位家長與我們通力合作，提醒學生時刻保持個人及校園環境衛生。以下各項，謹請留意，並切實執行：

- 家長每天須在子女離家上課時為他們探熱、記錄並簽署體溫記錄表，每天交由 貴子弟帶回學校檢查。人體的正常溫度一般都是低於攝氏 37.5 度或華氏 99.5 度（口探溫度）/攝氏 38 度或華氏 100.4 度（耳探溫度）。
- 如學生有不適或需留院觀察，家長便需立即通知學校。
- 如學生有發燒、喉嚨痛及於手足處長出皮疹徵狀，則不應上學，必須留在家中休息，直至在發燒和皮疹消退及所有水疱乾涸、結痂後，才可回校上課。
- 由於腸病毒 71 型可在病人的排泄物存留數週，而引致的相關併發症風險較高，作為額外預防措施，受感染的學生在所有病徵完全消失後兩週內都不要返校。
- 與學校合作，將患病學生從學校接走，並即時求診。
- 為子女提供手帕或紙巾，並提醒子女不應與他人共用毛巾或紙巾。

- 提醒子女減少到人多擠迫的地方。

如有任何查詢，歡迎家長致電學校校務處，亦可瀏覽衛生署衛生防護中心網站（網址為 <http://www.chp.gov.hk>）。

多謝各位家長合作！

區嘉為校長

二零二零年六月二日