

# Heartstrings 高歌 琴弦



總校長家書 Vol.13

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## Principal's Message

Dear Parents, Alumni and Friends,

With the school year drawing to a close, it is traditionally a time of celebration, of counting silverware and of recounting adventures. I am acutely aware that our time together has been restrained and many experiences curtailed. While the COVID-19 pandemic continues to metamorphose, I understand it may have elicited a plethora of emotions, from anxiety to disappointment and even despair. It is important to recognize the aforementioned but equally important not to forget the grace and blessings of God.

Negotiating the inherent complexities of the moment, I would like to congratulate Raimondians on their tremendous commitment, flexibility and courage. As we transitioned between analog and digital learning and adjusted among ever-changing social and health guidelines, their devotion to studies has remained steadfast. While our provision of realtime online learning ensured minimal disruption to academic progress, I am particularly proud of the consistently high attendance rate and the meaningful interaction on both ends of the student-teacher partnership. Raimondians took ownership of their learning and did not let circumstances get in the way of personal development. They have navigated, with confidence and success, hurdles and detours and represented the best of our school's spirit. These have been difficult, to say the least, but we must look for the opportunities that lie ahead. With this valuable experience, I am confident that Raimondians are now equipped with the resilience and versatility to overcome life's challenges.

The past year has assuredly provided Raimondians with ample opportunities to grow and mature far beyond their years. The same virus that has plagued the world has offered us the occasion to re-examine ourselves from within. Education has changed and standards have risen. We must dare to invent the future. I ask that we maintain the momentum garnered from these

unprecedented times and chart a new course of lifelong learning.

The school is set to rethink our strategies, reshape our learning environment and realign our curriculum to meet future needs. My career, rooted in teaching, has always been a journey of learning. This journey has never been easy but I have embraced every challenge and persevered. Looking back with fondness, I remain immensely grateful to the Raimondi community - students, parents, the Incorporated Management Committee, colleagues and alumni. Your love and support has empowered me to rise above my limitations and steer the school through evolution.

Leading Raimondi College has been an enormous privilege for me, both as Chief Principal and as a mom of a Raimondian. No other team would I have rather battled these past seven years with. The fortitude of our community pledges to nurture holistic individuals, capable of making responsible decisions for their own good and for the common good.

As I lay down the responsibilities of this role, I hope that you bestow upon my successor, Mr. Larry Yeung, the same trust and support you have given me over the years. I shall maintain a close connection with our beloved Raimondi community as Supervisor of the Primary Section, effective from 1<sup>st</sup> December 2020 and as School Manager of Raimondi College, effective from 1<sup>st</sup> September 2020. I hope we will continue to challenge our limits, walk into uncharted territories and love beyond boundaries.

I would like to share a bible verse with you from Mark 5:36, "Do not fear, only believe." God has given you the courage to overcome your biggest challenges.

May Peace be with you always!

God bless,  
**Ms. Louisa Lo**  
Chief Principal



# Student Support

## S6 Morale Boosting and Thanksgiving

It is our school's tradition to have a morale boosting session for S6 students to offer them care and encouragement. Our Principal, Miss Lo, Vice-principals, Assistant Principals and S6 class teachers took turns to give a few words of advice and encouragement to our students to help them deal with the stress from the Hong Kong Diploma of Secondary Examination. In the Thanksgiving Ceremony, the S6 students presented souvenirs to their teachers as a token of gratitude. The event was definitely a representation of our good teacher-student rapport.



## S4 Leadership Camp



Upon entering senior secondary, students will have more opportunities to take up leadership roles at school, such as prefects, team leaders and club chairpersons. Hence a leadership camp at the Po Leung Kuk Jockey Club Tai Tong Holiday Camp from 19<sup>th</sup> to 21<sup>st</sup> September 2019, was organized for S4 students to train their abilities to work as a team and to enhance their leadership skills. Through this leadership camp, we aim to equip students with the relevant skills to become competent leaders in the future.

## 校本女生支援計劃

我校特意設立了校本女生支援計劃，一方面團結及凝聚女同學；另一方面讓她們了解男女性格的不同，學習與異性相處。女同學自中一起便會參與由我校社工籌劃的社交適應小組，當逐漸融入校園生活後，更會有不同活動讓她們參與，如烹飪活動及義工服務。活動更會由高中學姐擔任小導師，協助推行活動之外，也會服務及關懷地區有需要的群體。





# Campus Highlights

## NCS Society Maritime Museum Visit

The NCS Society was set up this year to cater for our Non-Chinese-Speaking members. One of the events was a visit to the Maritime Museum, located at the Central Harbour, on 12<sup>th</sup> December 2019. 21 NCS students from S1 to S4 participated in the visit, and they had the chance to understand maritime development in the history of Hong Kong. The fruitful visit would definitely enhance students' sense of belonging to the Hong Kong community.



## International Junior Science Olympiad



The International Junior Science Olympiad 2019, a prestigious science competition for students 15 years old or younger, was held in Doha from 3<sup>rd</sup> to 12<sup>th</sup> December 2019. This year, over 320 students from 70 countries or districts participated in the event. Cheng Yat Long of Class 4D was chosen as one of the only six contestants representing Hong Kong and he was awarded the Gold Medal in the Individual Competition category.

## 中外文化活動

### 中外文化週——國風活動

本校中外文化學會於去年 12 月 10 至 16 日，舉辦了「國風活動」，以一連串精彩活動帶領同學認識我國文化。活動包羅萬有，如以抗日戰爭為背景的話劇「香島上的黑色聖誕」、「明清科舉趣談」講座，更設有攤位讓同學親身體驗古代遊戲或試穿古代華服。活動形式新穎有趣，備受好評。





# Campus Highlights

## 60<sup>th</sup> Annual Athletic Meet

The 60<sup>th</sup> Annual Athletic Meet was held at the Wan Chai Sports Ground on 4<sup>th</sup> to 5<sup>th</sup> December 2019. This was the last celebratory event of our school's 60<sup>th</sup> Anniversary and we were honoured to invite Ms. Crystal Vut, who represented Hong Kong in the Jakarta Palembang 2018 Asian Games, as our Guest of Honour. This annual event was also an occasion for a happy reunion of our teachers, students, parents and alumni. The joyful atmosphere was a fitting conclusion to our 60<sup>th</sup> Anniversary celebrations.



## STEM Study Tour - Korea



This year, a study tour to Seoul, Korea, was organized to enhance students' exposure to STEM development in other Asian countries. 27 students participated in the tour, held from 6<sup>th</sup> to 10<sup>th</sup> December 2019. During their visit to various facilities, students explored the latest technological trend and gained some hands-on experience testing out modern inventions. The unforgettable experience would surely cultivate students' interest and passion in science.

## 作家講座 —— 鍾尚志醫生

去年 11 月 27 日，我校有幸邀請到鍾尚志醫生到校作講座嘉賓，為配合學校年度主題，講座主題為「誠信英雄」。同學在講座前已先閱讀鍾醫生的作品，更能投入講座。講座尾聲更設有問答環節，讓同學能更深入了解鍾醫生的寫作歷程。最後，鍾醫生以提醒同學「慎獨」作結，因為他認為獨處之時才是最能考驗個人誠信之時。



## 作家講座





# Religious Activities

## Weekday Mass

All Catholic students attended the Weekday Mass on 13<sup>th</sup> December, 2019 to prepare for the Nativity of Jesus Christ during the Advent season. Unlike attending Masses on Sundays, students found rejuvenating sanctity at the Cathedral of Immaculate Conception in the midst of a busy day. In his homily, Rev. Gregoire Vignola referred to the Responsorial Psalm of the day and encouraged participants to live out the teachings of Jesus. Only by following His teachings can we find the true light and lead a righteous, meaningful and fruitful life. Students recollected in the presence of God and were strengthened to fulfil their duties.



## 聖誕祈禱禮



祈禱禮當天我們邀請了朴英燮神父為我們作主禮。朴神父選取了天使報夢給若瑟的福音與同學分享。天使告知若瑟瑪利亞因聖神感孕，並需給孩子起名為耶穌。朴神父在講道中告訴我們耶穌的別名「厄瑪奴耳」，意思是上主與我們同在。期望在聖誕，這樣歡樂的日子中，同學仍能緊記無論在任何時候我們都能夠依靠祂，信靠祂和仰望祂。

## 慕道班及堅振班

慕道班及堅振班由宗教科主任及牧民助理一同帶領參加者認識主。今年有四位已領洗的同學，參與信仰培育以繼續領受堅振聖事。另有兩位同學有意追求信仰，而進入慕道班去認識天主。這個信仰培育，主要透過要理的講解、祈禱、分享、朝聖、禮儀和遊戲活動等，使同學能在信仰的路上一步步的皈依耶穌基督，走向天主，聖化自己，獲享豐盛的人生。



*They that hope in the LORD will renew their strength, they will soar as with eagles' wings;  
They will run and not grow weary, walk and not grow faint. (Isaiah 40:31)*



# Students' Achievements

## Hong Kong Island Outstanding Students Award 2018-2019



The Hong Kong Island Outstanding Students Award is a branch of the Hong Kong Outstanding Students Award. It is nonetheless a prominent award for students who have demonstrated brilliance and excellence in multiple fields. This year, 2 of our students were honored with such award. Wong Yuen Ching of Class 3D was one of the top ten outstanding students in the junior form category; and Cheng Yat Kiu Daren of Class 6D was an outstanding student in the senior form category. We hope that this award will be a stepping stone for them to achieve greater heights in the future.

## A Talented Performer of the Harp

Having learned how to play the harp for only 5 years, Natalie Ip of Class 2D has already achieved great heights in the discipline. After being placed Second in the Hong Kong Regional of the Amigdala International Music Competition in March earlier this year, she added further achievements to her impressive resume. She was the Champion in the junior class category of the Tokyo International Youth Music Competition 2019 (Hong Kong Regional Final) held in October 2019. She won the 2<sup>nd</sup> place in International European Music Competition (Intermediate 13 or under) in 2020. She is qualified for the grand final in Germany in August 2020. We definitely look forward to more achievements by this talented musician.



## Hong Kong Outstanding Students Award 2018-2019



The Hong Kong Outstanding Students Award is a prestigious award held since 1985 to recognize students with exceptional achievements in academics, extra-curricular activities and community service. Each year, only ten secondary school students are selected from various local and international schools to receive this award. Law Kok Tseung Justin of Class 6D was a recipient of the Hong Kong Outstanding Students Award 2018-2019. We hereby congratulate him on his achievement and look forward to seeing him achieve greater heights.

## A Trampoline Master in the making

Lai Shun Hey Marcus of Class 4C has been an active participant in local and international trampoline competitions throughout the years. On 28<sup>th</sup> October 2018, he participated in the Trampoline Gymnastics Open 2018 and achieved Champion in the Male Open Category, Team Open Category and Male 15-year-old-or-above Synchronized Trampoline Open Category competitions. He is a diligent participant in the game of trampoline and we definitely look forward to magnificent achievements from him in the future.



First-from the right: Lai Shun Hey Marcus

*But thanks be to God who gives us the victory through our Lord Jesus Christ. (1 Corinthians 15:57)*



# Staff Development

## A Visit to Hong Kong Tang King Po College



Cultivating Catholic faith and values among students is indisputably one of our school's primary goals. On 31<sup>st</sup> October 2019, our Religious Studies teachers visited Hong Kong Tang King Po College for professional interflow. Mr. Chan, the Principal, and Mrs. Yeung, the Vice-Principal, shared their experiences in tailoring religious activities to enhance students' engagement and understanding.

They shared the Salesian tradition in integrating religious activities into different parts of daily school life. Through these daily activities, students have developed profound understanding of Catholic practices and way of life. We were also inspired by their innovative cross-curricular activities, for instance, students using Minecraft to reenact significant events in the Bible.

In return, Miss C.S. Sin, our Religious Studies Convenor, introduced the Emmaus Pedagogy (厄瑪烏教學法) and generously shared her lesson plans and ideas. The Emmaus Pedagogy emphasizes on relating Catholic values to students' life experience.

We look forward to employing varied and creative approaches to foster students' spiritual growth.

## 品德教育與中華文化講座

為切合學校的年度主題「信」，本校有幸請來田家炳中學榮譽校長陳建熊先生，與各位老師分享他多年在校內推廣品德教育和鑽研中華文化的經驗。席間，陳校長除了談及品德教育的理論與實踐外，更旁徵博引，從不同角度介紹中華文化如何有助學生的個人成長。參與老師均獲益良多，對中華文化有更深刻的認知，相信對於日後校內推動品德培育是相當寶貴的借鏡。



## PTA Parents' Talk – Dreams with You



Career planning can be overwhelming when void of guidance. The Parent-Teacher Association invited Mr. Cheung Chi Wai from the Hong Kong Federation of Youth Groups to speak to parents on the topic "Dreams with You" on 19<sup>th</sup> October, 2019. The talk centered on transforming parents into guides and cheerleaders for our students. Parents went away with insights and skills to motivate and support children in their pursuit of dreams.



## PTA + RAA



## RAA Class of 1969 Alumni Visit



Alumni are our school's great assets. The Class of 1969 returned to Raimondi College on 1<sup>st</sup> November, 2019 with pride and vigour. They exchanged stories of decades past with current students and staff as well as members of the Raimondi Alumni Association and Raimondi Alumni Association Fund. They also immersed in the latest technologies the school has to offer, from interactive VR Cave experiences to STEM demonstrations in the Computer Assisted Learning Room. The highlight of the visit was the History Gallery, where nostalgia and emotions intertwined. The eventful day gave old Raimondians new memories to treasure.



## 感謝校友捐贈殺菌塗層機，口罩及搓手液



新型肺炎肆虐香港，校友在盧校長帶領下，為中西區有需要人士籌集近九千個口罩及千多支酒精搓手液，透過明愛捐贈有關人士。此外，校友及兩位副校長更身體力行，將口罩分成小包送贈上環食環署外判清潔工友。本校亦感謝校友洪思聰先生慷慨捐贈塗層機，讓母校得以在復課前進行全校消毒。最後，一眾校友於6月6日為明愛堅道社區中心圖書館及自修室進行塗層消毒。盧校長十分感謝校友共襄善舉。



## 考試技巧工作坊

本校家長教師會於本年度一如既往為中一家長舉行了考試技巧工作坊，期望以工作坊形式讓家長更進一步了解各科考核的要求和準則。有別去年，本年更請到人文學科的資深老師講解學科的考試技巧，內容更為豐富。參與家長十分滿意，表示更清楚如何幫助子女應付測考。





# Primary Section

## English Day

English Fun Day 2019 was a vibrant and festive event in the first term calendar of the Primary Section. Taking place on 18<sup>th</sup> December, 2019 and utilizing the whole school campus, the English Fun Day promoted themes of kindness, peace and love at Christmas. Students enjoyed a wide range of interactive learning activities that allowed them to demonstrate their benevolence and practise their English skills at the same time. Highlights included writing messages of peace and love and turning them into Christmas decorations (the 'Lights of Kindness' and magnificent 'Christmas Wishing Tree'), English Ambassadors helping junior Raimondians with their problem-solving skills and teamwork in the English Action Relay, getting to grips with iPads in the exciting Kahoot Class Competition, and the marvelous English Game Show, hosted by our NET, Mr. Godden, which used quiz buzzer and 'Plickers'. It was a joyous day that reminded students to enjoy learning English and to show their benevolence at all times.



Let's pose by the tree – say 'cheese!' – photo taking with the Christmas Wishing Tree.



'Well done, that's the correct answer!' – English Ambassadors help teach young Raimondians.



'A, B, C or D?' – e-learning with Kahoot and iPads.



'BUZZZZ – It's a phrasal verb!' – the fastest finger wins in the English Game Show!



親身感受失去視力後，在進食時帶來的不方便。

## 「看得見真好！」 奧比斯蒙眼午膳活動



蒙眼過程中遇上困難，向老師尋求協助。

## 蒙眼午餐

為加強學生「關愛」的正向價值觀，小學部於 2019 年 11 月 22 日全校舉行「看得見真好！」奧比斯蒙眼午膳活動。學校希望透過蒙眼體驗，讓學生感受失明人士的困難，喚醒學生們以「仁愛」去關懷視障人士及關注世界盲疾情況。一個眼罩可以讓學生親身經歷失去視力的困難與不便，從而領略健康視力之珍貴。同學當日十分認真參與活動，大家戴上眼罩，小心翼翼地進食，相信千言萬語都不及實際體驗來得寶貴。

## 家長茶聚

小學部家長教師會（家教會）一直致力推動家校合作，成為學校與家長間重要的橋樑。本年度家教會於 2020 年 1 月 9 日舉辦了「與校長分享會暨茶聚」，以增加家長對學校的認識及增進彼此溝通的機會。

家長們當日表現十分積極，大家除了彼此分享教育子女的心得與經驗外，亦給予學校不少寶貴的意見，家長對家教會的運作亦有更深入的了解。家教會期望在未來的日子繼續透過家校合作，攜手為學生建立一個健康愉快的校園生活。



家教會委員鄭嘉莉女士及蘇仲茵女士出席家長與校長茶聚



家長很投入彼此的分享



家長踴躍發問及聆聽校長的回應



## 中華文化日之金鼠送福迎新春



有粵劇根基的學生台型及功架十足，他們落力演出一節粵劇，十分精彩。

小學部於2020年1月21日舉行中華文化日——「金鼠送福迎新春」活動，當天學校為學生安排了民間雜耍表演、「小不點學粵劇」工作坊，還有中國民間玩意體驗攤位：扯鈴、投壺、踢毽等，更設計了電子學習攤位。學校希望透過是次活動，讓師生感受節日的氣氛外，還可獲得更多有關中國文化的知識。學校感謝家長教師會對是次活動的贊助，家長教師會主席和一羣家長義工的落力協助，使活動得以順利完成。



民間雜耍表演非常精彩，不論扯鈴、拋球及轉碟等表演，都令同學們大飽眼福。



感謝家長義工的鼎力支持，當天大家都穿上華服到校協助活動的進行。



同學們在粵劇工作坊中學習水袖的基本技巧，大家都有板有眼，甚有潛質。

## 小一晉升禮

小學部於2019年10月25日為一年級學生舉行了「小一晉升禮」，慶祝他們順利展開小學校園生活，並鼓勵他們要按照福音的精神，實踐校訓「堅毅力行」的精神，好能成為愛護學校、珍惜家人及善盡本份的好學生。

當天，一年級學生除了接受盧總校長及林校長的祝福外，學校亦為學生準備了一幅校園生活照片和一個名為「我是主的羊」的文件夾送給他們，照片中滿載着同學們的校園生活點滴，希望他們都能感受與同學共聚的歡樂時光，享受每一天的校園生活；而小羊文件夾是喻意他們都是主耶穌的小羊，希望他們時常倚靠主耶穌，像小羊般在主的護蔭中成長，不怕困難，無懼挑戰，主恩滿溢。



學生們都充滿喜樂地在小學生活



每位學生都懷着感恩的心接受校長的祝福



由小一學生帶領同學一起祈禱



# Joint-Section Coordination

## Joint-Section Basketball Training Tour – Okinawa Japan

A Joint-Section basketball training tour to Okinawa, Japan took place from 18<sup>th</sup> to 22<sup>nd</sup> December, 2019 under the concerted effort of the Physical Education Departments of the two sections. A total of 27 students joined this overseas training tour, among which 9 students are from the Primary Section, and 18 are from the Secondary Section. The tour consisted of three days of training at a local sports stadium, a half-day visit to a local school in Nago and a friendly match with the local basketball team, as well as sightseeing. This fun and positive basketball life experience not only provided an excellent opportunity for our students to develop their capabilities to the limits but also served as a platform for cultural exchange and team building, on and off the court.



## 天主教教育日

本校中、小學部連同主教座堂屬校於 9 月 22 日上午假明愛禮堂參與「教育日」主日感恩祭。「教育日」的主題為「締造和平的人是有福的，因為他們要稱為天主的兒女。」(瑪 5:9)，目的是鼓勵公教教育持份者反思家庭和學校教育如何教導青少年締造和平，這個主題正好呼應了當前人們對和平的渴望。

本校全體公教老師及學生代表均同心為教會、本地決策者、教育工作者、學生及家庭祈禱，祈求在天主的引領下，藉著信仰的培育帶出和平、關愛的信息，使學校成為一個愛與共融的團體。在關心學生感受及尊重其訴求的同時，亦會鼓勵他們從多角度分析，懷著互諒互讓、包容的態度，求同存異，締造和諧關愛的社區。



## 圖書導讀活動

小學部 25 位六年級學生於 2019 年 11 月 6 日下午由負責老師帶領前往高主教書院參加圖書導讀活動，獲得中學部老師及學生的熱情接待。

中學部師兄師姐們安排了充滿趣味及挑戰性的圖書活動讓大家參與，包括問答環節，內容圍繞同學們喜愛的書籍；然後是分組挑戰賽，同學們需根據提示，在圖書館內尋找指定的書籍。小學部的師弟師妹們無論在問答環節或是分組挑戰都積極參與、踴躍回答，大家互相配合，共同解難。最後，他們還在「雪條棒」上設計了獨一無二的書籤，以作留念。

透過是次活動，小學部學生對不同種類的書籍有了更深入的認識，提升了他們的閱讀興趣，同時對中學部圖書館的藏書及運作亦加深了了解，獲益良多。



*I am the vine, you are the branches. Whoever remains in me and I in him will bear much fruit, because without me you can do nothing. (John 15:5)*



# Joint-Section Coordination

## Primary Six STEM Workshop

To enhance students' learning in STEM education and the collaboration between our Primary and Secondary Sections, 26 P.6 students participated in a STEM workshop organized by the Secondary Section in the afternoon on 1<sup>st</sup> November, 2019. In the workshop, students observed the physical behaviour of non-Newtonian fluid under the guidance of the teacher, big brothers and big sisters. They gained hands-on experience of making a pinhole imaging model and learnt the corresponding optical characteristics. The most fascinating session among all was the making of molecular cuisine. Through learning by doing, students' interest in exploring the world around us is greatly boosted. This personalised learning experience helps them develop an inquisitive mind and become independent and critical thinkers who are creative and innovative in their approach to solving problems in future.



## A Visit to Raimondi College

On 27<sup>th</sup> November, 2019, students from our Primary Section visited Raimondi College, the Feeder School. They were warmly welcomed by their big brothers and sisters who had organized a variety of activities for them to get a glimpse of secondary school life. They visited the recently renovated library, our new History Gallery, and experienced a VR demonstration using iPads. Students were fascinated by the 3D printing products made by their seniors and enjoyed the interactive games of mBot. After the visit, most students expressed their yearning to become senior Raimondians in the near future.



*Those who love me I also love, and those who seek me find me. (Proverbs 8:17)*