



# Raimondi College 高主教書院

天主是愛  
我們應該愛，因為天主先愛

校長家書 Vol. 5

February 2016

2016年2月刊

## 高歌琴弦 Heartstrings

Dear Parents,  
Alumni and Friends,

As the Year of the Monkey commences, may I wish you all a year filled with God's presence and love.

I would like to take this opportunity to thank all parents and teachers for their unrelenting support and loyalty to the school. They have been joining me in celebrating many milestones of Raimondi College, one of which being the establishment of the Incorporated Management Committee (IMC) on 4<sup>th</sup> May 2015. Through the involvement of parent and teacher managers, as well as other key stakeholders in school management and policymaking, the school enjoys increased transparency, autonomy and flexibility in school management according to the unique needs of our students.

Ushering into a new academic year, Raimondi College is proud to embark on new projects and initiatives. This year, we adopt a holistic approach for the cultivation of 'love' and 'family', two core values upheld by the Catholic Church, within the school. We encourage our students to show care to people around them, to internalize Jesus' teaching and to mature into well-respected individuals. While small-class teaching is continued in S.1 and extended to S.2, we also introduce the S.1 'You Jump, I Jump' rope-skipping programme, annual school picnic, book-sharing sessions and hall assemblies to promote personal growth. On top of these, the school also takes a step forward to embrace e-learning. Not only are mobile tablets purchased, but also our teaching staff is professionally trained to help create modern 21<sup>st</sup> century classrooms where interaction is greatly enhanced and students' engagement in learning is significantly prompted.

As the school motto goes, 'In Constantia Fortitudo', let us all work hand in hand towards tapping students' potentials and nurturing active, positive contributing members of society.

Yours sincerely,  
Ms. Louisa Lo  
Principal

### 各位親愛的家長及校友：

踏入猴年，首先祝願 貴子女主寵日隆，學業進步！自到任以來，學校上下一心，發展理想，首先要向家長及學校團隊致意。

本校法團校董會已於2015年5月4日成立。法團校董會的成立標誌著高主教書院的新里程，目的是透過教師和家長等主要夥伴加入法團校董會，按照辦學團體所訂定的抱負及辦學宗旨，在學校推行一個公開、具透明度和多方共同參與的學校管治架構，為學生提供優良的學習環境及全面而均衡的課程。

為傳揚天主教教育的核心價值-愛與家庭，本校以「家·多點愛」為本學年主題，鼓勵學生從關懷身邊的人開始，實踐基督的愛德，遵從天主教教區及辦學團體方針，透過正規及非正規課程建構孩子的內在核心價值，彰顯天主的關愛。

今年本校推展了多項新計劃，除了中一、中二推行小班教學外，還有秋季旅行、中一繩晨計劃、早會閱讀分享、禮堂周會等，希望透過不同活動，讓學生愉快學習，發展個人潛能。在資訊科技方面，除了教師培訓外，本校已裝設校園無線網路系統及添置了多部平板電腦，期望透過發展電子學習，教師們將採取更靈活及互動的方法，加強學生學習興趣及效能，進一步促進學習成果。

最後，就讓我們同心協力，秉承校訓「堅毅力行」的精神，追求卓越，讓孩子發展潛能，為日後回饋社會作好準備。

祝願大家猴年萬事如意，家庭幸福，主愛常存！

盧詠琴校長 謹啟

# Student Support

## Careers and Life Planning Guidance

We adopt the whole-school-and-family approach in providing careers and life planning guidance through formal and informal curriculum to enable our students to achieve self-understanding and career planning. Aiming to cultivate students with positive attitudes towards life, work, learning and their self-management skills, programmes and activities catering for students' needs are arranged in our curriculum design.

### Junior Careers and Life-Planning Curriculum

The Junior Careers and Life-Planning Curriculum is structured to provide junior students chances to gain a better self-understanding. Through a multitude of goal-setting activities, we give our students the confidence to pursue their dreams and stretch their talents.



Careers Talk for S.6 students on JUPAS application



Inspiration Workshop - 'Aim High, Fly High for S.4 students



My Dream Career : Exploring Possibilities for S.2 students



### Senior Careers and Life-Planning Curriculum

The Senior Careers and Life-Planning Curriculum aims to provide our senior students individual counselling and consultation sessions on further studies, careers planning and personal growth so that they can aim high and fly higher.



Career Planning Workshop for S.5



Careers Talk on S.4 Electives selection for S.3 students and their parents



My Dream Career : Direction RESET for S.1 students





## 一日讀書一日功 一日不讀十日空

### 晨讀計劃 嶄新推出

本年度嶄新的“晨讀計劃”於十月全面展開。本計劃旨在通過各項活動，鼓動校內的閱讀風氣：上學期除每天早會後二十分鐘的晨讀外，還同步推行“早會閱讀分享”、“每月好書推介”與“高主教書院閱讀獎勵計劃”；下學期延續上學期工作，並陸續舉辦“級際標語創作比賽”與“閱讀清談”活動。負責老師期望本年的活動能提高學生的閱讀興趣，為來年全面提升學生的閱讀水平奠下殷實的基礎。



### 「家·多點愛」- 傳遞愛與家庭核心價值

本年度的主題是「家·多點愛」，旨在傳遞愛與家庭的核心價值，並鼓勵學生實踐愛德，學會知恩、感恩、報恩及施恩。為配合主題，學生支援組於上學期舉辦了七次禮堂聚會，邀請多位老師和同學作分享，發表他們對愛與家庭的看法，暢談如何表達愛，分享實踐愛德的經驗及解讀聖經故事等，學生積極投入，場面溫馨感人。本組期望學生能感染到愛的力量，互相友愛，互相尊重，共同建構關愛校園。

One of the school objectives this year is to cultivate the core values of Love and Family. Student Support Team has organized regular hall assemblies under this theme and invited teachers and students to share Bible stories, express their views towards the two core values, and share how they actualize their love.





## 跨出校園 - 秋季旅行

本校於2015年11月20日( 星期五 )舉行秋季旅行，讓學生跨出校園，享受大自然，並促進師生間之交流，增加同學對班的歸屬感。全校師生共度了既愉快又難忘的一天。

The School Picnic Day on 20<sup>th</sup> November was extraordinary for students and teachers as they put aside their textbooks and embraced the nature. Everyone had fun engaging in unity-boosting games and activities.



## 中一繩晨計劃 - 提昇學習效能

今年，學校推出一項名為中一「繩晨計劃」(You Jump, I Jump Rope-skiping Programme)，目的是改善同學體格及身體協調能力。除此之外，根據哈佛大學醫學院教授約翰維他 (John Ratey) 研究指出，晨操能讓學生提昇學習效能及專注力。





## 本校榮獲明愛賣物會「攤位佈置」冠軍

2015年11月1日舉行的一年一度明愛賣物會，是為天主教社區服務的一大盛事。本校超過150位學生義工，於香港維多利亞公園明愛賣物會中盡一己之力，籌集善款，以助本地有需要之人士。

由籌備至活動當日，歷時三個多月。攤位佈置主要由中三級張柱然同學及邱重銘同學負責，由於同學設計突出，故本校獲得「攤位佈置」冠軍。另外，本校亦得到舊生孫龍章先生(Lionel Sun)的慷慨捐贈及大力的支持，讓我們的義賣工作非常順利。學生在當日活動能夠盡一眾力量去服務，學會團結及互相扶持，在服務中體驗到達成目標的喜悦，並獲得師長的讚許及認同，發揮「助人自助」的精神，極具教育意義。



## 李崇德校監 - 公教老師分享聚會

為滋潤心靈，加強老師的凝聚力，本校定期舉辦公教老師聚會。校監李崇德先生先後於2015年10月26日及12月7日舉行了「聖經淺釋」及「馬爾谷福音」分享聚會。在聚會中，李校監指出聖經是在天主聖神的默感下寫成的，是信仰的寶庫，因此師生們應好好研讀，並把福音傳遞到校內每一個同學心中，學習並實踐耶穌基督的教導，明白「天主是道路、真理、生命」。



## 經歷人生旅程 - 「生命・歷情」體驗館

本校宗教科和個人、社會及人文教育科老師於2016年1月6日參觀了賽馬會「生命・歷情」體驗館。賽馬會「生命・歷情」體驗館以創新的互動設計，讓老師們在短短六十分鐘內，透過體驗館內四個區域：(1)人生起步點 (2)成長的抉擇 (3) 時光隧道 及(4)安息地，經歷人生旅程，於旅程結束後有解說環節，讓他們重新思索，學習珍惜身邊人和事。





# Gifted Education and Achievement

## 致力發展資優教育

### 發掘學生個人潛質

我們相信每位學生都具有不同的潛質，而學生的才華能否得以充份發展，取決於後天的環境因素。不同學生在不同的學習範疇有不同的表現，透過課堂內外的活動及培訓，協助學生發掘個人的潛質，並為他們提供展才的機會。

校方鼓勵同學參與不同的校外比賽，讓他們吸取經驗磨練實力。英文辯論隊屢獲殊榮，贏得不少獎項，而中文辯論隊亦在最近的星島辯論比賽中打開勝利之門，其中兩名參賽同學分別獲得最佳辯論員及最佳答問員。

除此以外，為了培育及發掘中一、二年級對數學及科學有潛質同學，今年特別成立了數學菁英隊及創新科技先鋒隊。數學菁英隊每星期定期訓練，積極參與校外比賽，成績優異。至於創新科技先鋒隊則邀請美國麻省理工學院畢業的校友關志邦博士擔任導師，設計不同與生活有關的小實驗，如自製蚊怕水、潤唇膏等，藉此啟發學生科研精神，冀能培育「高記」小小科學家。



## Music

Both the String Orchestra and the Wind Orchestra got Silver Award in the Hong Kong Youth Music Interflows 2015: String Orchestra Contest (Secondary School Class) and the 7<sup>th</sup> Winter Band Festival 2015: Senior Division in late November respectively. It is our pleasure to host a music exchange event with Catholic High School Band from Malaysia on 27<sup>th</sup> November 2015. The young musicians of the two schools shared the joy of music as well as building up friendship among themselves.



## 數學菁英隊

本校一直大力推廣數學資優教育，希望可以提高學生解難的能力、建立自信的學習精神。有見及此，本校在中一、中二設立了數學菁英隊，在午膳期間由學校老師教導同學一些具挑戰性的數學難題。課程中採用深入淺出、舉一反三的方式教學，令同學更容易掌握當中的邏輯和推理。與此同時，為擴闊同學的視野，老師更會帶領同學出外參加數學競賽，與不同學校的學生互相切磋，如華夏盃、南方盃、香港中學數學創意解難比賽等。同學在比賽中亦成績斐然，如在南方盃初賽中已獲得兩金、兩銀、一銅、一優異的佳績，並順利進入準決賽。





## First Staff Development Day

As a Catholic Diocesan school, Raimondi College endeavours to develop students' proper values and attitudes towards life. On the 1<sup>st</sup> Staff Development Day, a talk focusing on the "5 Core Values of Catholic Education" was delivered by Mr. Peter Lau, Assistant to the Episcopal Delegate for Education, from the Catholic Education Office. In addition, some English panel members shared their experience in using mobile devices in "Piloting Flipped Classroom in Small Class Setting". Mr. T. Li also shared his successful experience in boosting students' performance in HKDSE. In the afternoon, our teachers watched <爭氣>, a movie documenting how students strived hard to achieve their goals. Welcomed by our colleagues as well as teachers from other Catholic schools, the movie director held a sharing session with us after the movie appreciation.



Mr. Peter Lau is explaining the 5 Core Values of Catholic Education to Raimondi Teachers.



Mr. T. Li is sharing his successful experience in boosting students' performance in HKDSE.

## Professional Support for using IT in Interactive Classrooms

With the proliferation of mobile technology, using mobile devices to learn has now become a skill of utmost importance in the knowledge-based society. Our school has joined the IT in Education Centre of Excellence Scheme and organized subject-based workshops regarding the creation of interactive classrooms. Special thanks go to Professor Carol K. K. Chan, a renowned expert in instructional design from the University of Hong Kong, and Mr. V. Suen, Head of the school Computer Literacy and Information & Communication Department for their unsparing support in offering assistance and advice to our teachers in a number of their experience-sharing sessions.

What is more, Raimondi College welcomed 2 HKU MEd students in December to experience the use of mobile devices in an S.4 Mathematics class. Both of them were amazed by the effectiveness of modern technology in supporting collaborative inquiry and eliciting students' active participation.



Mr. Yuen and Mr. Choi from St. Stephen's College, a CoE supporting school.



Professor Carol K. K. Chan, Faculty of Education of the University of Hong Kong shares her ideas of effective use of IT in an interactive classroom



### First Incorporated Management Committee (IMC) Meeting

The First IMC meeting of this school year was successfully held on 9<sup>th</sup> November 2015.



### PTA 50<sup>th</sup> Anniversary Celebration

11<sup>th</sup> December 2015 marked a truly blissful evening as Raimondi College Parent-Teacher Association held its 50<sup>th</sup> Golden Anniversary Gala Dinner at The Grand Hall in Wanchai. Current and past PTA executive committee members, teachers, alumni, and friends of Raimondi reunited and jogged fond memories of their time working hand in hand for the growth and development of the school. The dinner started off with a prayer led by Rev. John Tsang, former supervisor of Raimondi College. One of the highlights of the evening was a live auction. It had the crowd sucking in their breath and hanging on to every word of auctioneers Dr. Lee and ex-PTA Chairman Mr. Tam. Thanks to the generosity of the guests, an incredible \$200,000 was raised for the school to support students' learning and development.



### Keep Calm and Listen to the Professionals

Following the extremely well-received Examination Tactics Workshop by Dr. Lee and subject teachers last year, Raimondi College Parent-Teacher Association organized a similar session this year and invited all parents of S.1 to attend the event. Past examination papers were studied and various question types were critically analyzed. Many parents found they gained a much better understanding of the secondary school curriculum as well as the strengths and weaknesses of their children.

