

Raimondi College
高主教書院

高歌琴弦

Heartstrings

校長家書 Vol.9

Mar 2018

2018年3月刊



Dear parents, alumni and friends,

The year 2018 is a year of exhilaration and gratefulness as our 60th Anniversary celebration is in full swing. Thanks be to our alumni, parents, students and friends whose dedication and concerted effort have made every celebratory event a great success! We are utterly spoiled by your presence at "Walk in Unity" organized by Raimondi Alumni Association, which marks the kickoff of our 60th Anniversary; Trio Harmony which signifies the close-knit collaboration of the three sections; and "Running to the Peak" organized by the Parent-Teacher Association which is an exemplification of our vitality and unity, to name but a few. While we are rejoicing at the founding of our School, we shall, on the one hand, reflect on the past year and take stock of the blessings that are bestowed upon us in the year just passed; on the other hand, express our immense gratitude to God for His grace towards the year ahead. As Pope Francis said, "There is no more meaningful time than the beginning of a new year to hear these words of blessing."

I am delighted to announce that the following 60th Anniversary festive events will take place in the near future, namely the 60th Anniversary Banquet on 24th March, Distinguished Alumni Lecture Series to be launched during March – December 2018, and Thanksgiving Mass cum Open Day in November 2018. All of these need your hearty support and participation as we are united as one big family and write the history of Raimondi hand in hand.

Providing quality education and enhancing the whole-person development of every Raimondian have always been the prime concerns of our College. I am proud of our students who have excelled themselves academically as well as in other pursuits. In the present era of technology, we are bombarded by information and other daily distractions which have made an unfavorable impact on our young generation. As frontline educators, it is our mission to teach our children the ethic of responsibility and to care for people around them. To answer the appeal of our Holy Father in his New Year homily, we shall guide our students to live with a listening heart, to discern the love of God and, most importantly, to act upon one's vocation.

I strongly believe that with our unswerving faith in mind and infinite love at heart, we will make Raimondi College a wonderful place to study, a loving community to share and a haven for all children of God! May God bless your all!

新年伊始，謹祝各位身體健康，家庭幸福！

Warmest regards,

Ms. Louisa Lo
Principal

Religious Activities

The Joint-section School Opening Mass

The Joint-section School Opening Mass was held on 6th September at the Cathedral of the Immaculate Conception. The Mass was presided by Rev. Dominic Chan, Vicar General of the Hong Kong Catholic Diocese. He reminded all Raimondians to remain steadfast in all circumstances, particularly in face of difficulties. Raimondians were also reminded of the importance of practising and living the core values of Catholic Education not only in school but also in everyday life.



學生慕道團 認識天主教信仰

本年度，我校首次舉辦了學生慕道團，帶領同學認識基督信仰，更期望同學能在兩年後領洗，加入教會大家庭。同學反應熱烈，參加同學包括中一至中五。慕道團由堂區兩名傳道員擔任導師，以小組活動、分享、參觀等活動形式，講授天主教慕道的課程。



走進社區 送贈溫暖

本校一向重視學生的全人發展，除了期望學生能品學兼優，亦著力培養學生關心社會的精神。去年11月底，本校聖母軍到深水埗派飯予露宿者，身體力行，實踐天主教中「愛德」的教義。當日，超過二十位師生連同修女，一同到深水埗區為弱勢社區送上溫暖和祝福。



Athletics Meet 2017

Students and teachers enjoyed two fun-filled and refreshing days during the inter-house Athletics Meet held at the Wanchai Sports Ground on 13th and 14th September. All athletes showed their strength while all the four houses demonstrated their energetic enthusiasm while cheering for their house members. The highlighted events must be the Fortitudo Run and 8x100 Invitation Challenge Relay, in which parents, teachers and students competed against yet cheered on one another.

圖書館啟用祝福禮

本校去年6月落實翻新圖書館，經過為期約五個月的工程後，全新的圖書館已於去年11月正式重開。圖書館得以翻新，實有賴校友陳偉名先生、莊天龍先生及家教會鼎力支持。為隆重其事，本校於新圖書館開幕當日更邀請了陳志明副主教作主禮嘉賓，主持祝福禮。當天，校長、副校長、家長代表、教師和學生均有出席，務求先睹面目一新的圖書館。



S.1 Information Day

More than a thousand parents and their children visited the School on the S.1 Information Day. Parents and students interested in joining our big family were given an overview of the School in the admission talk. Different clubs and teams, including the award-winning STEM Team and Robotic Club, set up booths to showcase their members' different talents in the playground to our guests.



明愛賣物會勇奪「遊戲設計」亞軍

明愛賣物會於11月11日舉行，為天主教社區服務的一大盛事。本校共有超過160位學生義工參與是次活動。本校同學更親自設計、製作及售賣產品，以籌集善款，產品廣受來賓讚賞。除此之外，本校同學亦設計了攤位遊戲，當中揉合了立體打印、組裝機械人和編製程式等科技元素，寓學習於服務。最後本校更勇奪「遊戲設計」亞軍，可見同學的用心及努力亦得到各方的認同。

Solar Eclipse and STEM Education Tour

Eight of our students participated in the U.S. Solar Eclipse and STEM Education Tour last summer. As one of the highlights of the programme, the students observed the rare total solar eclipse and took part in various intriguing STEM-related programmes such as the i-Fly system, where students experienced indoor sky-diving. They also paid visits to various iconic sightseeing spots including the spectacular Golden Gate Bridge.



An Eco Celebration

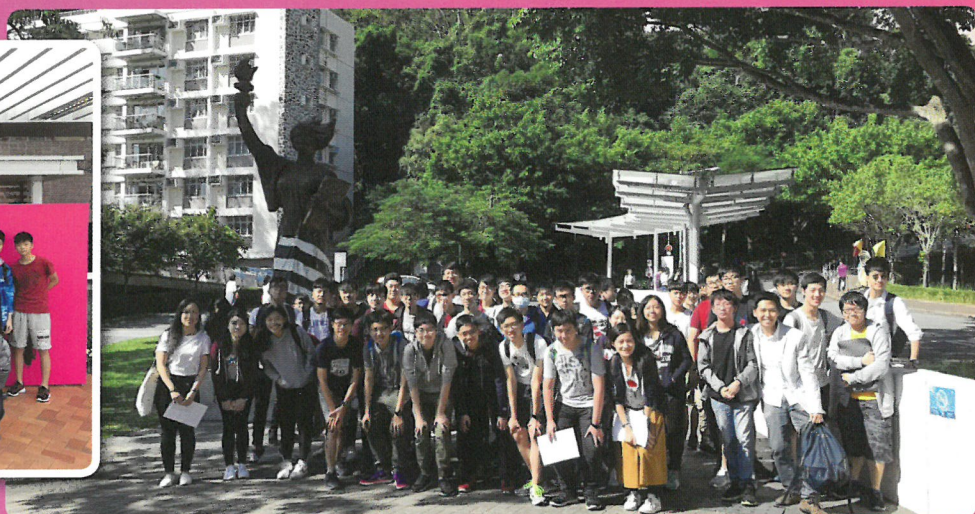
Held on 21st December, the Christmas Prayer Service and Celebration Activity gave all staff and students the opportunity to commemorate the birth of Jesus and to rejoice after a fruitful school term.

The participation in 'Greening for the Chest' has made the party more meaningful as students showed great eco-awareness to minimize the waste of resources while having fun.



與張建宗司長會面

適逢高主教書院踏入六十週年校慶，我們特意邀請了傑出校友張建宗司長，於9月7日在政府總部與師弟妹會面。除了學生代表團外，校長、副校長、老師、家長教師會主席以及舊生會主席皆有參與是次活動。會面當日，張司長一方面以師兄的身份教導後輩，另一方面亦以政務司司長的身份與青年對話。



University Visit Programme

The School Careers Team organized the University Visit Programme for S.4 and S.5 students during October and November 2017. Students paid visits to the University of Hong Kong, the Chinese University of Hong Kong and the Hong Kong University of Science and Technology on their Information Days. During each visit, students were introduced to the university curriculum, admission requirements as well as being taken on a campus tour. The programme has provided an excellent opportunity for our students to gain an understanding of and make better preparation for the university life.

Prefect Body Training Camp

The three-day Prefect Body Training Camp was held in Cheung Chau on 15th-17th December. The senior prefects organized different problem-solving and collaborative activities for the junior prefects. Not only can the leadership ability be sharpened, but also the camp can strengthen the bond among prefects. All these skills equip them to be a more responsible and disciplined prefect.



The Triumphant Return

On 20th October, current and past students, parents and teachers gathered at Victoria Park Swimming Pool and witnessed our Swimming Team capturing its first championship of the competition. The team will be promoted to Division 1 in the coming academic year.

It is the first time that the Swimming Team won the championship of Division 2 since its establishment. We appreciate the toil and sweat our swimmers have contributed. Their high spirit and comradeship have witnessed our three core values, "love, unity, perseverance".



Another Jubilant Victory

Our Cross Country Team has also brought us good news this year. On 15th November, the team participated in the Inter-school Cross Country Competition (Division 3 Area 2). They returned with Overall Championship, Boys Overall Championship, and Boys B Grade Overall Championship.

Here, we hail to our sportsmen for striving for glory and excellence. Despite the hardship and challenges they faced throughout the training sessions and the competition itself, they showed no sign of giving in. Our sportsmen are truly the people who run and live our school motto 'In Constantia Fortitudo'.



羽毛球學界勇奪亞軍

港島區學界羽毛球比賽在11月18日於柴灣體育館舉行，甲組在四強中以三比零壓倒性擊敗聖保羅男女中學，與乙組同樣對戰皇仁書院爭奪冠軍寶座。乙組苦戰五局後僅落敗一局，與甲組一同奪得港島區亞軍的佳績。是次比賽的佳績，同學們日常的刻苦練習，以及教練的悉心教導，實在功不可沒。



駐校教育心理學家林姑娘

教師專業發展日

10月20日為本校教師專業發展日，當日內容涵蓋學生發展支援及學與教兩大範疇。首先由駐校教育心理學家林姑娘分享不同學校推行師友計劃(MENTORSHIP SCHEME)的特色、如何協助高年級同學訂立升學計劃和學習目標。在學與教的分享中，林姑娘介紹如何在課堂教學中加入思考元素，而劉國賢老師則介紹有效課堂互動的特質。

為對天主教價值加深了解，全體老師下午一起觀賞電影《天堂小屋》，電影講述主角經歷傷痛與天父分隔後，如何跟天父和好，重新上路。電影播放後，關傑棠神父講解電影中有關信仰的要點和分享個人體會，令老師們獲益良多。



課堂互動分析方案(SED)

小班教學為本校近年其中一個發展重點，教師專業發展組今年引入劍橋大學的課堂互動分析方案(SED - Scheme for Educational Dialogue Analysis, Cambridge University)，期望能協助深化本校課堂互動學與教的質量。劉國賢、黃德瑞、杜佩儀和王文彥老師獲邀參加由該計劃負責人Dr. Sara Hennessy(Faculty of Education, Cambridge University)主持的講座和工作坊，學習運用課堂互動方案設計課堂、反省個人教學，提升同學課堂參與。另外，為令教師們有效掌握運用SED技巧，教師專業發展組特意邀請香港大學Professor Carol Chan到校作SED教學個案研習。



Catholic Teachers' Spiritual Function

Raimondi College not only places importance on the whole-person development of students but also the spiritual well-being of teachers. In order to nourish their spiritual life, Catholic teachers from the Secondary and Primary Sections meet regularly to reflect upon different religious topics, to share and to pray. With 'the Seven Sacraments' as the yearly theme, on 7th December, the Supervisor, Principals and teachers gathered to look into the three sacraments of Christian initiation – Baptism, Confirmation and the Eucharist. Through games, videos and sharing, the participants have learnt more about the foundation of being a Catholic, and will therefore strive to be the true witness of Christ with deeds, words and all our hearts in our everyday classroom.



家教會新春行大運

為宣揚「團結」及「惜愛」的精神，本校家長教師會特意舉辦了新春行大運旅行。在大年初九，家長、教師與學生一同到尖鼻咀濕地及上水廚餘回收教育中心參觀，認識大自然生態及回收廚餘的知識，並於中午共賞豐富海鮮宴。透過是次活動，希望提醒各位珍惜食物，愛護大自然。

Examination Skills Workshop

On 17th November, a parent workshop on Examination Skills was conducted for S1 parents. They gathered at Karl Hall to learn about the assessment criteria of the School. Through the sharing of our experienced teaching staff, parents were also able to pick up some tips on how to help their children face upcoming challenges in secondary education.



校友聚會

本校校友會一直努力維繫校友感情，保持校友與母校的聯繫。如早前1967及1977年畢業的校友舉行了晚餐聚會，不少校友特意由海外回港參加，席間更有幸邀得前校監曾慶文神父、現任校監李崇德太平紳士、中學部前校長區嘉為先生及數位小學部前校長一同暢談今昔。各校友在聚會中共談當年的校園軼事，並了解了母校的新發展及計劃。畢業多年的校友能共聚一堂，實在難能可貴。





Annual School Picnic

The long-awaited annual school picnics were joyfully held in December. The picnic for Primary 3 and 4 students was held on 14th December at Tai Tong Organic Ecopark, while Primary 5 and 6 students went to Tso Kung Tam Outdoor Recreation Centre on 15th December. It was a perfect opportunity for teachers, students and parents to share their happy moments together beyond the four walls of the classroom. Doing sports, playing games and sharing good food, we kept laughing, cheering and chit-chatting at all times. The relationships among teachers, students and parents were further enhanced in a harmonious atmosphere. Nothing is more valuable than spending time with our beloved ones. What a precious and wonderful day!



P.6 Information Session and Visit to Raimondi College

To give the parents of our Primary Six students a comprehensive understanding of the curriculum, school facilities and support for students' growth at our Secondary Section, my Vice Principals, Assistant Principals, teachers and I, had a talk on 21st October at our Primary Section. Later, a visit to our Secondary Section campus was arranged for P.6 students on 1st December to bestow them with first-hand experience of secondary school life. Students seized this valuable opportunity to explore different life aspects of a secondary student and departed with the confidence to handle this important transition in the near future.



2017-2018小一晉升禮

為加強小一新生對學校的歸屬感及歡迎他們加入高主教這個大家庭，小學部於2017年9月29日為小一學生舉行了一次祝福及祈禱禮——晉升禮：代表同學們完成了9月份適應期的課程，順利進入小學的新生活。

當日每位同學都接受了小學部林校長或陳副校長的祝福，同學在老師帶領下祈禱，祈求天主降福他們，讓他們按照福音的精神，並以校訓「堅毅力行」的態度去生活，做個善盡本份的好學生。



Prefect Service for RCKG Interview Days

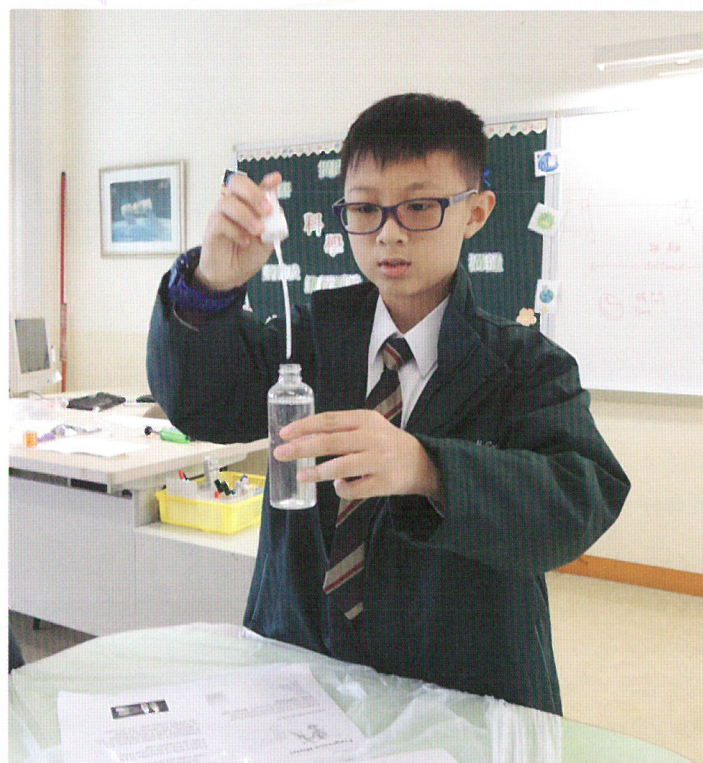
Our school prefect team showed our support to Raimondi College Kindergarten Section on their interview days which were held on 18th and 25th November. The school prefects helped greet parents, escort the interviewees to interview rooms and maintain order. Some of them are RCKS graduates and they expressed that it was an honour for them to serve their old school.

The school prefects have not only acquired experience in helping others, but have also enhanced the association between RCPS and RCKG. Besides, our school prefects have taken this opportunity to help parents better understand the close relationship between our Kindergarten and Primary Sections. It was so delightful to build up the bonding and connection between RCKS, RCPS and RC students.

Post-exam STEM activities

The school has always been dedicated to promoting STEM (Science, Technology, Engineering and Mathematics) Education in the curriculum. After the first examination, a wide range of activities were scheduled to let students enjoy the wonders of STEM. For Primary 1 students, they were introduced to the power of 'Magic Paper' by observing the fact that a paper cylinder could support more than forty books! Primary 2 students were fascinated by the hands-on experiments identifying the elements of carbohydrates in food and vegetables.

As for upper grade students, they had tasted great success in their ICT experiences. They used iPads to make 3D holograms and made use of the mBot programme to control remote cars. All Raimondians embraced this precious opportunity to apply their science and IT knowledge in a real life situation.



資優教育活動

我校小學部一向重視資優教育的發展，為了培育學生多元智能的能力，小學資優教育組於2017年11月邀請了校友關志邦博士，為六年級學生舉行了兩次「創科承傳」科學實驗工作坊。透過有趣的實驗，提昇學生對科學探究的興趣，並主動追求更多的科學知識。此外，2018年1月13日為四年級學生舉辦了「領袖訓練」活動，藉不同程度的挑戰活動及遊戲，讓學生體現團隊合作的精神，並學習如何擔當領袖的角色。



Joint-Section Pilgrimage Tour

Collaboration between the Primary Section and Secondary Section of Raimondi College is not only confined to curriculum bridging, staff development and student nurturing, but also spiritual enhancement. Around 30 Catholic teaching staff, including myself, the Supervisor, Mr. Peter Lee, and former Principal of Primary Section, Ms. M.M. Lau joined a pilgrimage tour to Rome (Italy) and Lourdes (France) during 23rd July -1st August.

Pilgrimage is a journey of moral significance, spiritual awakening and of our connection with God, we paid homage to a number of sacred places such as St. Peter's Basilica, Basilica of The Santa Maria Maggiore, Basilica of St. Paul Outside the Walls, Holy Steps, Cappella Sistina in Rome, and most importantly, Lourdes in France.

This pilgrimage tour provided an opportunity for each of us to step out of the non-stop busyness of our lives and seek a time of quiet and reflection; to set aside time for God and get in touch with Him; to refresh our faith and be inspired by the communion of saints who had gone before us. The inspirational journey also allowed staff of both sections to enjoy the company of each other and further strengthened our bond under the banner of Love, Unity, and Perseverance.



Joint-Section PTA Workshop

A joint-section workshop organized by RCPTA and RCPSPTA on stress-coping and resilience enhancement 「抗逆減壓有妙法 親子攜手闖難關」 was held on 16th December at Raimondi College. I was delighted to be invited to have a sharing with our guest speaker, Dr. Michelle Chan Wing Yee, a Registered Clinical Psychologist who is also a parent of the RC Family, and an Associate Fellow of the Hong Kong Psychological Society. Dr. Chan shared her precious experience on coping with anxiety and stress management, and we both shared our personal experience as parents of RC students. More than 200 parents from primary and secondary sections participated in the event to exchange ideas on how to help their children to relieve pressure arising from study and work. Ways to facilitate peer communication and time management were also introduced at the Workshop.



60th Anniversary Celebratory Events Running to the Peak 高峯跑

Running to the Peak, hosted by Parent-Teacher Association of Raimondi College, was held successfully on 26th November at the Peak. More than 40 Principals of the Catholic Diocesan Schools and over a thousand guests, parents, teachers, students and friends of Raimondi College participated in the event. Mr. David Sun Tak Kei, Director of Audit officiated at the Opening Ceremony and took part in the event. The event had indeed provided an opportunity for family gathering and a chance for relaxation from the heavy load of work and study. It was also an occasion demonstrating the unity and love of all Raimondians who act on a common goal for the School with unreserved enthusiasm.

60th Anniversary Banquet

The 60th Anniversary Banquet organized by Raimondi Alumni Association will be held on 24th March at Grand Hall of Hong Kong Convention and Exhibition Centre. The event is indeed a concerted effort of the School, alumni and members of Parent-Teacher Association which provides an occasion of reunion for all Raimondians, current and past, to honor the 60th Anniversary of the alma mater. The Organizing Committee has been encouraged by the keen demand for table reservations and it is expected that more than 100 tables will be reserved.

60th Anniversary Distinguished Alumni Lecture Series

The 60th Anniversary Distinguished Lecture Series will take place from March to December 2018. The School has invited our renowned alumni from all walks of life to give presentations. To start with, Mr. Matthew Cheung Kin Chung, Chief Secretary for Administration and Mr. Linus Cheung Wing Lam, former Deputy Managing Director of Cathay Pacific and former Deputy Chairman of PCCW have given their consent to give talks to reminisce about their good old days and share their invaluable experiences at work with all our participants.